



HOLISTIC COUNSELLING AND TRAINING CONSULT
Advanced Certificate in Pastoral Counselling
Marriage and Family Life Integration:



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INTRODUCTION

Stepping into the sacred space where faith meets family, the **Advanced Certificate in Pastoral Counselling: Marriage and Family Life Integration** equips you with the knowledge, skills, and spiritual grounding to serve as a beacon of support and guidance for individuals and families navigating life's challenges. This rigorous program, specifically designed for pastoral leaders and caregivers, invites you to delve deeper into the intricate dynamics of marriage and family life, blending theological wisdom with therapeutic expertise.

Transform your calling:

- Move beyond offering comfort and prayers, and confidently guide individuals and families towards growth and healing.
- Master evidence-based counselling techniques while remaining rooted in your faith and religious principles.
- Foster healthy communication, strengthen relationships, and equip families with tools to navigate conflicts and transitions.
- Become a trusted resource and support system for couples, individuals, and families facing a range of concerns, from premarital jitters to grief and addiction.

More than just a program, it's a transformative journey:

- **Immerse yourself in rich coursework:** Explore human development, psychology, counselling theories, and family systems alongside theology and pastoral care practices.
- **Refine your skills:** Hone your communication, assessment, and intervention abilities through supervised practicum experience in real-world settings.
- **Integrate faith and science:** Learn to harness the power of evidence-based approaches while drawing upon your theological foundation for holistic and meaningful support.
- **Equip yourself for diverse needs:** Choose from specialized electives like premarital counselling, grief counselling, and African perspectives on mental health to tailor your skillset to specific communities and populations.

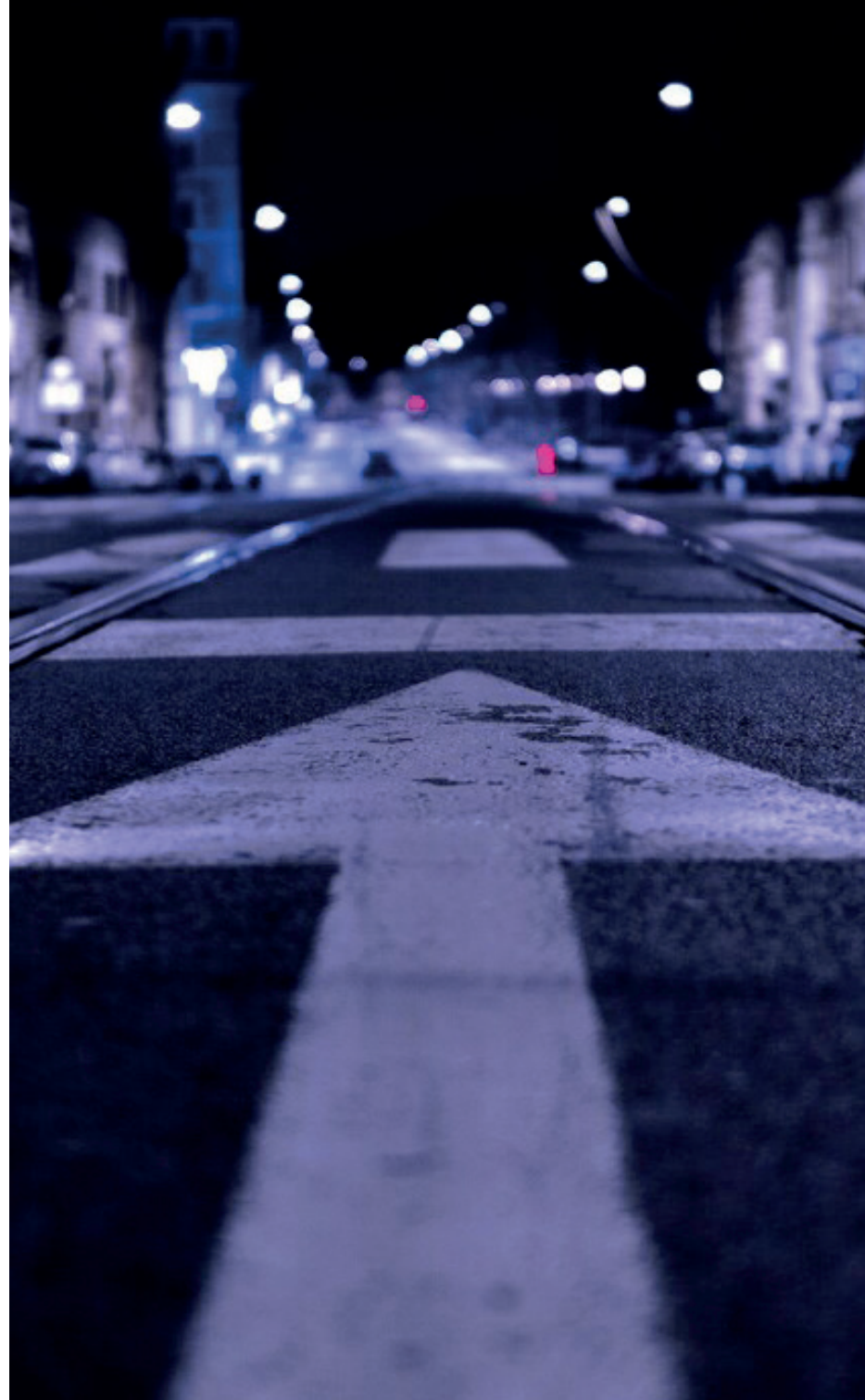
Embrace your calling to serve:

The Advanced Certificate in Pastoral Counselling: Marriage and Family Life Integration empowers you to become a true agent of change, walking alongside couples and families to build stronger relationships, navigate hardship, and experience deeper fulfilment.

Join us, and embark on a journey of learning, growth, and impactful service. Together, we can illuminate the path towards more resilient, harmonious, and faith-filled lives.

This program is unique in its deliberate combination of Marriage and Family Life studies with Pastoral Counselling. This offers several advantages:

- **Holistic approach:** Participants gain a comprehensive understanding of the dynamics of marriage, family, and individual mental health, allowing for integrated support.
- **Practical application:** Marriage and family life skills directly complement counselling techniques, equipping graduates to address family-related issues effectively.



- **Broader clientele:** Graduates can cater to individuals, couples, and families, expanding their potential impact in the community.

Psychology Courses:

The psychology coursework provides a strong foundation for understanding human behaviour and mental health. Key areas of focus include:

- **Understanding normal growth and development** across the lifespan.
- Identifying and responding to psychological emergencies with first aid skills.
- **Exploring diverse personality types and potential disorders.**
- **Gaining insight into the biological basis of behaviour** and its implications for mental health.
- **Developing assessment skills** and understanding testing protocols.
- **Learning about common mental disorders** and their treatment options.
- **Navigating sensitive topics** like sex, gender, and paraphilias.
- **Recognizing and addressing domestic and gender-based violence.**
- **Exploring the influence of social factors** on mental health.
- **Understanding the interplay between religion and psychology.**
- **Analyzing the specific role of psychology in pastoral counselling.**
- **Delving into African concepts and belief systems** to provide culturally sensitive care.
- **Mastering documentation, report writing, and referral systems** for professional practice.





Counselling Courses:

The counselling coursework equips students with both theoretical knowledge and practical skills in supporting individuals and families:

- **Building foundational counselling skills** through introductions to the field and pastoral counselling.
- **Integrating pastoral care and counselling strategies** for holistic support.
- **Learning and applying solution-focused counselling techniques** for practical problem-solving.
- **Examining the connection between theology and psychology** to inform faith-based counselling.

- **Mastering diverse counselling skills and techniques** for effective communication and intervention.
- **Developing expertise in individual and group counselling approaches.**
- **Critically analyzing different counselling theories and therapies.**
- **Gaining cultural competency** for providing inclusive and sensitive counselling.
- **Understanding the dynamics of marriage**, including healthy relationships and common challenges.
- **Equipping themselves for premarital, post-wedding, and couples counselling.**
- **Exploring concepts of family and developing family counselling/therapy skills.**
- **Understanding parenting practices and challenges** to offer effective support.
- **Gaining knowledge of marriage and divorce laws in Ghana** for informed guidance.
- **Navigating the emotional complexities of divorce and marriage reconstitution.**
- **Developing tools for effective loss and grief counselling.**
- **Equipping themselves to address addictions and support recovery.**
- **Learning crisis intervention and trauma counselling techniques.**
- **Developing expertise in child and adolescent counselling.**
- **Understanding ethical considerations and professional issues in pastoral counselling.**
- **Gaining practical experience through a supervised practicum in pastoral counselling.**



FACULTY

Passionate experts: Our faculty are driven by a deep commitment to serving others and equipping you with the knowledge and skills to make a tangible difference in the lives of individuals and families. They hold advanced degrees in counselling, theology, psychology, or related fields, bringing a wealth of academic expertise to the classroom.

Experienced practitioners: Beyond theory, our faculty are actively engaged in the field of pastoral counselling. They bring their real-world experience to the classroom, sharing practical insights and case studies to deepen your understanding and prepare you for the challenges you will encounter in your ministry.

Compassionate mentors: We believe in fostering a supportive and nurturing learning environment. Our faculty are approachable, dedicated to your success, and committed to providing individual guidance and support throughout your journey.

Culturally informed: Recognizing the diverse needs of families and communities, our faculty represent a range of cultural backgrounds and perspectives. They are sensitive to the unique challenges and strengths of different cultural contexts, equipping you with culturally competent counselling approaches.

Integrative thinkers: Our faculty bridges the gap between faith and science, drawing upon both theological principles and evidence-based therapeutic practices. They offer a holistic perspective on counselling, integrating spiritual support with effective interventions to serve the whole person.

Lifelong learners: Our faculty are dedicated to continuous learning and professional development. They stay abreast of the latest research and advancements in the field, ensuring you receive the most relevant and up-to-date knowledge and skills.

Enthusiastic educators: Our faculty are passionate about their field and genuinely excited to share their knowledge and experience with you. They foster an interactive and engaging learning environment, encouraging critical thinking, discussion, and application of theory to real-world scenarios.



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Program Details:

Format:

- **Flexible learning options:** Choose from fully online, in-person, or hybrid formats to fit your schedule and learning style.

Duration:

- **Invest in your future:** Complete the program in one fulfilling academic year, equipping yourself with impactful skills and knowledge.

Curriculum & Modules:

- **Comprehensive and engaging:** Delve into four dynamic modules covering a holistic range of topics:
 - Foundations: Psychology, human development, counselling principles, and theology.
 - Core Skills & Knowledge: Counselling skills, individual & family counselling, marriage & family dynamics.
 - Specialized Topics: Choose two electives like premarital/post-wedding counselling, grief & loss counselling, or African perspectives on mental health.
 - Practicum & Integration: Gain invaluable real-world experience through supervised practicum after each module.

Delivery Methods:

- **Interactive and stimulating:** Enhance your learning through a variety of methods, including:
 - Live online lectures and interactive sessions.
 - In-person seminars and workshops
 - Independent study and research projects.

Target Audience:

- **Empower your calling:** Designed for pastors, religious leaders, Christian leaders and individuals seeking to:
 - Deepen their understanding of marriage and family dynamics.
 - Equip themselves with effective counselling skills to support individuals and families.
 - Integrate faith and evidence-based approaches for holistic care.

Registration Fee:

- **Affordable investment:** Make a meaningful difference in your ministry for a registration fee of only 200 Ghana cedis.

Enrolment Requirements:

- **Passionate about serving others?:** We welcome applicants with:



- A high school certificate or equivalent.
- A demonstrated commitment to pastoral ministry or Christian leadership.
- Strong written and verbal communication skills.
- A desire to learn and grow in your service to individuals and families.

Orientation Date:

- **Ready to embark on your journey?:** Join us for the program orientation on February 28, 2024!

Take the next step: Enhance your ministry, strengthen relationships, and build a brighter future for families. Apply today!

**Call or WhatsApp Apostle James Kofi Abbrey on 0244598994
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